Almighty and most merciful Father, I have erred and strayed from thy ways like a lost sheep, I have filled too much the devices and desires of my own heart, I have offended against thy holy laws, I have left undone those things which I ought to have done, and I have done those things which I ought not to have done. But Thou O Lord, have mercy on me, spare thou those who are penitent, according to thy promise declared unto mankind in Christ Jesus my Lord; and grant, O most merciful Father, for his sake, that I may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen