

## **Psalm 31:9-16<sup>iii</sup>**

Have mercy on me, O LORD, for I am in trouble; \*  
my eye is consumed with sorrow, and also my throat and my belly.

For my life is wasted with grief, and my years with sighing; \*  
my strength fails me because of affliction, and my bones are consumed.

I have become a reproach to all my enemies and even to my neighbors,  
a dismay to those of my acquaintance; \*  
when they see me in the street they avoid me.

I am forgotten like a dead man, out of mind; \*  
I am as useless as a broken pot.

For I have heard the whispering of the crowd; fear is all around; \*  
they put their heads together against me; they plot to take my life.

But as for me, I have trusted in you, O LORD. \*  
I have said, "You are my God.

My times are in your hand; \*  
rescue me from the hand of my enemies, and from those who persecute me.

Make your face to shine upon your servant, \*  
and in your loving-kindness save me."

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### **<sup>iii</sup> About the Psalm: Psalm 31:9-16**

Psalm 31 is a lament by one surrounded by evil people. Trust in God encourages the psalmist to entrust himself to God's care. In anticipation of God's deliverance, the psalmist prays with thanksgiving and joy.