

## **Psalm 4<sup>iii</sup>**

Answer me when I call, O God, defender of my cause; \*  
you set me free when I am hard-pressed; have mercy on me and hear my  
prayer.

“You mortals, how long will you dishonor my glory; \*  
how long will you worship dumb idols and run after false gods?”

Know that the LORD does wonders for the faithful; \*  
when I call upon the LORD, he will hear me.

Tremble, then, and do not sin; \*  
speak to your heart in silence upon your bed.

Offer the appointed sacrifices \*  
and put your trust in the LORD.

Many are saying, “Oh, that we might see better times!” \*

Lift up the light of your countenance upon us, O LORD.

You have put gladness in my heart, \*  
more than when grain and wine and oil increase.

I lie down in peace; at once I fall asleep; \*  
for only you, LORD, make me dwell in safety.

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### **<sup>iii</sup> About the Psalm: Psalm 4**

From the depths of his troubles, the psalmist expresses his trust in God as helper (savior). He knows that God will always help and answer his pleas, and this awareness brings peace. Because God is his savior, he can rest securely and warn others to trust in God alone.