

Psalm 130ⁱⁱⁱ

¹Out of the depths have I called to you, O LORD; Lord, hear my voice; *
let your ears consider well the voice of my supplication.

²If you, LORD, were to note what is done amiss, *
O Lord, who could stand?

³For there is forgiveness with you; *
therefore you shall be feared.

⁴I wait for the LORD; my soul waits for him; *
in his word is my hope.

⁵My soul waits for the LORD, more than watchmen for the morning, *
more than watchmen for the morning.

⁶O Israel, wait for the LORD, *
for with the LORD there is mercy;

⁷With him there is plenteous redemption, *
and he shall redeem Israel from all their sins.

ⁱⁱⁱ About Psalm 130

This thanksgiving for healing was probably composed and sung in fulfillment of a vow. Both sickness and health are regarded as coming from the Lord--illness as a probable sign of sin while restoration to health would show innocence. Sickness brings the psalmist closer to the realm of Sheol, the grave, from which the Lord rescues him.