

THE TRUE "BREAD OF LIFE"¹

John 6:22-27

Jesus signifies to people: "I feel your thoughts, that you seek me not because my miracles roused in you a desire to find God through me, but because of your interest in the novelty of quelling your hunger with morsels of the divinely produced loaves. I say unto you that it is foolish to concentrate unduly on the perishable subsistence of a perishable body. Rather seek that sustenance which endures unto everlasting life' – the wisdom and ever new bliss of God that, once acquired, forever satisfy the immortal soul and are its imperishable nourishment. The Spirit within the Son of man (my body) can teach you how to obtain that divine food, 'for him hath God the Father sealed'; Transcendental God the Father has vested in the Christ Consciousness all secrets and powers of life; and with that Consciousness incarnate in my body (Son of man) He has ordained me to grant the salvation-giving, immortality-bestowing bread of divine wisdom and bliss to all devotees who strive deeply in meditation to contact the Christ Intelligence in their own souls. This you can learn to do by following the teachings sent through me."¹

John 6:28-29 How one can work the "works of God"

"When there is widespread suffering on earth, God responds to the soul's call of His devotees by sending a divine son who by his exemplary spiritual life of expressing Christ Consciousness can teach people to cooperate with His work of salvation in their lives. God's work in creation is to draw, through evolutionary promptings of the Christ Intelligence, all beings back to conscious oneness with Himself. Therefore, anyone who wishes to work the

¹ Wherefore do ye spend money for that which is not bread? Hearken diligent unto Me, and eat ye that which is good, and let your soul delight itself in fatness. Incline you ear, and come unto Me: hear, and your soul shall live" (Isaiah 55:2-3)

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works of God should by meditation attune himself with Christ Consciousness manifesting through a God-sent savior; he would then find himself becoming godlike, furthering the will of God in his life,”

Jesus pointed out that since God had sent him, those who would believe in him and practice his teachings would thereby indeed “work the works of God,” He thus emphasized the divine decree that anyone who wants to work God’s truth in his life must follow a true guru, a divine emissary – one who has striven for and attained oneness with God, and who has been sent by Him to lead others to that liberation consciousness

John 6:30-33 The Christ Intelligence: “bread from heaven,” the divine sustenance of all creation

In the words, Jesus elaborated on what he meant when he exhorted the people (in verse 27) to seek that nourishment which would give them everlasting life. By “the bread of God” Jesus signified the Christ Intelligence emanating from God, which is present in Cosmic Energy working the work of creation, giving “life unto the world” – the divine substance of all animate and inanimate objects and forces in creation². By this analogy, Jesus was telling the people that through his own presence on earth “my Father giveth you the true bread from heaven,” in that he had come to bring to them the way to realize, as did he, that the body is not sustained by ordinary human consciousness but by the infinite Christ Intelligence that is within them, and which gives consciousness and life to all living creatures. Only divine souls such as Jesus, who are sent to earth not merely to uplift people with inspirational teaching but with a distinct mission to manifest the Christ

² In him was life, and the life was the light of men” John 1:4), explained in discourse 1. Cosmic Energy guided by the latent Christ Intelligence itself into different rates of vibration, creating astral living substance and semiconscious life forces and potentially conscious electrons, protons, atoms and molecules, which in turn form themselves into solid, liquid, and gaseous forms constituting the cosmos with its island universes, stellar systems, planetary systems, solar system, the earth and its human inhabitants.

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Intelligence and impart it to others, can show devotees the art of expanding their consciousness into that Universal Consciousness.

"By the omniscient insight within me, I declare unto you that Moses gave you spiritual inspiration and divine law, but did not show to the unprepared masses that followed him to get 'the bread from heaven,' the all-redeeming Christ Intelligence inherent in Cosmic Vibratory Energy, It is the transcendental Cosmic Consciousness present beyond vibratory creation who, as a conscious Personality (my Father), sends to you through me contact with Christ Intelligence, which descended to earth from the infinite heavenly region behind the creative vibrations of Cosmic Energy and became manifested in my human body. Anyone who by meditation will be in tune with my life will be in tune with the everlasting source of life, Christ Intelligence, which is true 'bread' or Substance that sustains all creation and all living things.'

[John 6:34-35](#) Earthly and spiritual hunger satisfied forever by partaking of Christ Consciousness

"The Christ Intelligence and the enlightened "I-AM" (the divine ego of spiritualized human consciousness) in me are one; thus the Christ Consciousness in me, being the same as the Infinite Christ, as the Christ Consciousness in me, being the same as the Infinite Christ, is the source of life and consciousness of all living beings. Because I am ever consciously attuned to the Christ Consciousness manifest in my life, any devotee who comes to me with a receptive attitude and who disciplines his life according to my teachings so that he permanently connects his human consciousness with the Christ Consciousness, which is present within me and within his own soul, shall find all the hunger and craving of his earthly and spiritual desires fulfilled forever. The devotee who occasionally is in tune with the Christ Consciousness, and who believes or is convinced of being able to unite with

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that Consciousness and the ever new bliss in it, will find that, unlike the ordinary man, he will no longer thirst for temporary joys of material effects.”

It is to be noted that the two phrases “cometh to Me” and believeth on me” have different significance. “He that cometh” signifies a soul who becomes one with Christ Consciousness, and “he that believeth” signifies one who has only occasional contact with Christ Consciousness in meditation.

¹ From Discourse 43 of THE SECOND COMING OF CHRIST: The Resurrection of the Christ within You: A revelatory commentary on the original teaching of Jesus “ by Paramahansa Yogananda (1893 – 1952)

‘I believe the reader of this book will find that meanings buried twenty centuries have been brought our here for the first time, interpretations of the words of Jesus as he would talk to the people of today –truths he conveyed to his disciples and which he wants understood by devotees of the world throughout all time’
Paramahansa Yogananda